MASS MARITIME ACADEMY PARENT INFO/ PAPER WORK



PO Box 1011

West Falmouth, MA 02574 VM: 855-HKY-CAMP

FAX: 888-880-2604

Email: info@proambitions.com

Welcome to the 2024 Pro Ambitions Hockey Summer Boarding Camp Experience at Mass at the Mass Maritime Academy!

We hope your hockey season has been a healthy and successful one. We are really looking forward to this upcoming Summer camp season, to seeing the smiles on your child's face and watching the development in their skills and game.

Please keep this letter in a safe place, as it includes valuable instructions about the camp you registered for, as well as answers to most of your questions about the camp.

The following are a few items you will need to make your camp experience smooth and successful.

- **1. Boarding Camp Drop off and Pick up Info-** Make sure to take notice of the drop off and pick up times for your child's boarding camp.
- **2. Packing List-** Make sure to take notice of the packing list for your child's boarding camp.
- **3. Medicine and instruction Form-** Camper meds prescription and over the counter medicine must be turned in at check in.
- **4. Nutritional and Dietary Restrictions** Let us know if your child has any specific nutritional and/ or dietary restrictions or guidelines.
- **5. Roommate Request-** Make sure to fill out the roommate request, if your child is planning to stay with a specific camper.
- **6. Boston University- Acknowledgement, Consent and Release Form-** Boston University needs a signed copy before they will check a camper into the dorm.
- **7. Signed Waiver of Liability** Make sure to fill out and sign the liability waiver online. Pro Ambitions Hockey, Inc. must have a signed copy of the Liability Waiver on file before a player can go on the ice. **NO EXCEPTIONS!**





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Dear parents and Campers,

Welcome to Pro Ambitions Hockey, Inc. 2024! Below is additional information that you will need to know for the Pro Ambitions Hockey Boarding Camp programs...

Boarding Camp Check-In- Please make sure to check the date, time and location of your child's board camp check-in as some locations the check in day and times may varies from week to week.

Boarding Camp Check-out and pick up- Also please make sure to check the check-out/ pick up time at your child's camp. Please make sure to take into consideration afternoon traffic when leaving to pick up your child at the end of camp.

* Pro Ambitions Hockey does not provide transportation to or from any of our camp locations.

Check-in and Check-out Dates/ Times/ Locations:

Mass Maritime Academy, MA

Week One: June 23-27, 2024

Drop Off: Sunday, June 23, 2024 3:00-5:00pm at Gallo Ice Arena (Hockey gear)

Check-In: Sunday, June 23, 2024 3:00-5:00pm at Athletic Facility at Mass Maritime Academy **Check-Out:** Thur**s**day, June 27, 2024 4:30-5:00pm at Athletic Facility at Mass Maritime Academy

Week Two: July 1-5, 2024

Drop off: Monday, July 1, 2024 3:00-5:00pm at Gallo Ice Arena (Hockey gear)

Check-In: Monday, July 1, 2024 3:00-5:00pm at Athletic Facility at Mass Maritime Academy **Check-out:** Friday, July 5, 2024 4:00-4:30pm at Athletic facility at Mass Maritime Academy

Please email us at info@proambitions.com or call us at (855)HKY-CAMP with any questions. I look forward to seeing you at camp this summer.

Best Wishes,

Jeff Serowik



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PRO AMBITIONS HOCKEY at MASS MARITIME ACADEMY MEDICATION and INSTRUCTIONS FORM

All prescription medications must be given to nurse/ healthcare supervisor at check in. Prescription medications must be in their original containers with information clearly marked Child's name, medication, dosage, instructions.

All over the counter medications must be given to nurse/ healthcare supervisor at check in. Campers are not allowed to self medicate or share (even over the counter medications, including allergy and pain relief medications) with other campers.

Campers that use or need an inhaler should have two inhalers with them at camp. One that they can hold on to at all times and a second inhaler that the nurse/ healthcare supervisor can hold on to during camp.

Epi-pens must be turned in at check in. The epi-pen will be brought to every activity through the camp week, including; on ice and off ice training, meals, beach and every where in between.

*Reminder that your Health and Immunization Records must sent to Courtney Turner at $\underline{boh@proambitions.com}$

CAMPER'S NAME:	
CAMP WEEK:	
☐ WK 1 JUNE 23-28	
☐ WK 2 JUNE 30-JULY 5	
CAMPER MEDICATION INFO	
Campers Name:	
No diseate on	
Medication:	
Dosage:	
Instructions:	

^{*} Please send a completed copy to boh@proambitions.com



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MASS MARITIME ACADEMY

Your Child's Nutritional and Dietary Restrictions

Your Child's Nutritional and Dietary Restrictions:
Does your child have any dietary restrictions, food allergies, and/ or is Gluten free?
☐ Special Dietary needs/ restrictions:
Instructions for Health Care Provider/ Camp Director:
□ Food Allowsias? If so, does your shild have an animan?
☐ Food Allergies? If so, does your child have an epi-pen?
Instructions for Health Care Provider/ Camp Director:
☐ Is your child Gluten Free?
Instructions for Health Care Provider/ Camp Director:
Additional information:

^{*}Reminder that your Health and Immunization Records must also be turned in to Courtney Turner at boh@proambitions.com by May 1, 2023.



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Pro Ambitions Hockey, Inc. – 2024 Boarding Camp Program Roommate Preference Request

Please check off your Child's Camp Location	on:		
1. MASS MARITIME ACADEMY			
☐ Week One June 23-27, 2024			
☐ Week Two July 1-5, 2024			
Roommate Preference: Pro Ambitions H player's rooming requests. But the final Ambitions Hockey. All roommate request start date of the camp. All roommate requestavailability as determined by Pro Ambition	roommate sel forms must be uest forms rec	ection will le received o	oe determined by Prone
Camper's Name:		Male:	Female:
Age:/	/	(MM	/DD/YYYY)
ROOMMATE CHOICES			
1 st Choice	2 nd Choice	<u> </u>	
No Preference (Check Box if No Pre	eference)		
* If your child is attending camp by himsel the most compatible roommate.	lf/ herself. We v	will do our b	est to place them with
Any additional info about your child that m	night be helpful	···	





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MASS MARITIME ACADEMY

What to bring to your specific Pro Ambitions Hockey Boarding Camp...

1. Full set of ice hockey gear- skates, helmet with face shield and name plate on front of helmet, gloves, shoulder pads, elbow pads, groin area protector (cup), hockey pants, shin pads, hockey socks, and 1-2 on ice hockey sticks.

Optional: Tape, throat guard, extra on ice stick, extra skate laces, under armor garments

- 2. Off ice training gear- off ice hockey stick, sneakers, hat, sun block, 1 weeks worth of the following items; tee shirts, shorts, athletic socks.
- 3. Water bottle- 1-2 reusable water bottles with child's name written in black marker on bottle(s).
- 4. Bedding- Linens for a XL twin mattress, pillow, blankets.

Toiletries- Necessities- Soap, shampoo, toothpaste and toothbrush, 1-2 showering towels.

- **5. Non-Training Clothing-** 1 weeks worth of the following items: pants/ sweatpants, shorts, tee shirts, 1-2 sweatshirts, socks and under garments.
- 6. Medication- All medication must be in its original container with instructions for PA med staff.

All medications and instructions, regardless of prescription and over the counter medications must be handed in at camp check in.

Campers are not allowed to share their medication with other campers, including over the counter pain relief medication.

- **7. Bathing suits and beach towels- Optional:** There is a small strip of beach on the campus that campers can use during supervised **(PA STAFF)** down time before dinner.
- **8. Room Necessities** Fans and Alarm clocks are recommended for campus dorm room camps. The Mass Maritime Academy dorms that we will be staying in are not airconditioned.
- * MASS MARITIME ACADEMY does not allow the following items; refrigerators, microwaves or air conditioning units in the dorms.
- **9. Spending Money-** \$50.00 to 100.00 is recommended for emergencies, additional activities and snacks. Pro Ambitions Hockey offers players an opportunity to deposit their spending money in camp bank at check in and will have access to their money each day or when needed.* Pro Ambitions Hockey is not responsible for any lost money kept by the camper.
- **10. Optional Items-** We understand that cell phones, have become a necessity for campers. But campers are responsible for their cell phones at all times while at camp. Other electronic devices, such as, I-pods, I pads, laptops, etc. are allowed at camp, but campers are only allowed to use them during designated down time. Once again, Campers are responsible for all of their personal items. Pro Ambitions Hockey and/ or Mass Maritime Academy are not responsible for any lost or stolen items.