

## What to Bring BU and Vernon, NJ Boarding Camps

### Hockey Equipment:

Full Hockey Equipment- Neckguard is optional but highly recommended

Helmet/facemask, shoulder pads, elbow pads, shin guards, pants, cup and garter shorts, skates clothing to wear under your gear, mouthguard, gloves, water bottle, tape, hockey socks, streethockey stick (goalies you can borrow somebodies stick if you don't have an old goalie stick)

### Other items to bring:

Twin size bedding, pillow and pillow case, toiletries, sneakers, fan (BU camp only) sneakers, hats, sunscreen, Towels, washcloth, Pajamas, dryland training gear-shorts, tshir-athletic apparel, Medications, paperwork for camp including physical form (physical is good for the last year and a half from your last physical) immunization record. Food, snacks, lots of water/Gatorade for your room. Bathing suit (Vernon NJ camp only)

